



Campbelltown Spiritualist Church

CWA HALL AT THE END OF KING STREET CAMPBELLTOWN

Service every Sunday 5.00pm to 6.30pm

Contact: Maxine (02) 9826 7330 or Our Web Site: www.campbelltownspiritualchurch.com

NEWSLETTER JULY / AUGUST 2015



The Seven Principles

1. The Fatherhood of God
2. The Brotherhood of Man
3. The communion of Spirits & the Ministry of Angels
4. The continuous existence of the human soul
5. Personal responsibility
6. Compensation & retribution
for all good & evil deeds done on earth
7. Eternal growth open to every human soul

Upcoming Guests

July 2015

- 5th – John Smyth
- 12th – Joy & Cliff
- 19th – Sylvia Percival
- 26rd – Ian Crosbie

August 2015

- 2nd – Kerrie Erwin
- 9th – Sharon Hood
- 16th – Patricia McRae
- 23rd – Ann Williamson
- 30th – Alan Hamlin

OUR SPIRITUALIST CHURCH SERVICE

- Welcome and introductions
- Song or Hymn and Opening Prayer
- Song/Hymn to lift the energy
- Address by the Guest Speaker
- Reading The Great Invocation &/or The Seven Principles
- Meditation and Healing
- Members of the congregation invited to share meaningful experiences or suitable readings
- Song or Hymn with freewill donation
- Demonstration: Spiritual communion (proof of survival) by guest medium
- OR Overheads, Psychometry etc.
- Notices
- Benediction (closing prayer/blessing) and closing Song or Hymn
- Tea and Coffee and a chat



Even though WINTER is here there is always plenty to do and see around Sydney. But who says we have to be always on the go, always needing entertainment etc. How about using winter to take time out whenever possible and give yourself the chance to catch up on a few things.

I remember when I was a child there was lots of repair work done inside the house because of the shorter hours of daylight and the cold. My mum was not impressed (understatement) when dad decided one day to pull the gas water heater from the bathroom to pieces in the middle of the lounge room and the insulation, which was made from Kapok (look it up if you don't know), created an unholy mess all over the threadbare rug. Us kids used to love that heater, it provided exciting experiences. When it was time to run a bath, if you turned the gas on and didn't light it straight away you got a loud bang when you finally struck the match and poked the flame at the gas ring. It's a wonder we didn't blow the place up or something. I did set fire to the curtain over the window, accidentally of course. It was an ugly black and white check pattern and I decided to pretty it up a bit. This was achieved by lighting a match and carefully touching the flame to the bottom of the curtain and moving it along thus making a nice (I thought) scalloped edge effect. Unfortunately, one day the flame shot up the curtain, I let out a terrified scream and mum came running with the broom. She hooked the curtain off the rod and tossed it into the bath quick as a wink all the while calling me unprintable names because she had been blaming my big brother for the damage to the bottom of the curtain. Then she gave me a few good whacks with the broom "to go on with".

How exciting was that? I can still 'see' those flames leaping up the curtain and feel the horror of realising that I would be literally caught red-handed and have to own up and accept the consequences. Makes me laugh remembering.....

Was all out of ideas this time and I didn't know what to put in this space so just decided to wing it and this is the result.

If anyone else would like to share precious memories I would love to print them here. Please email to: ejoy@exemail.com.au

NOTICES:

MEMBERSHIPS are due for renewal as of June 30th 2015

SUPPORT YOUR CHURCH Feel free to come and help set up, clear up, (many hands make light work) bring a friend, bring a plate of something, flowers from your garden, host a service, whatever makes you feel good all contributions very much appreciated.

HAPPY BIRTHDAY: Best Wishes & Many Happy Returns to all our friends who are celebrating birthdays in July & August.

NOAH'S ARK:

Everything I need to know, I learned from Noah's Ark.

- 1: Don't miss the boat.
- 2: Remember that we are all in the same boat!
- 3: Plan ahead. It wasn't raining when Noah built the Ark.
- 4: Stay fit. When you're 60 years old, someone may ask you to do something really big.
- 5: Don't listen to critics; just get on with the job that needs to be done.
- 6: Build your future on high ground.
- 7: For safety's sake, travel in pairs.
- 8: Speed isn't always an advantage. The snails were on board with the cheetahs.
- 9: When you're stressed, float awhile.
- 10: Remember, the Ark was built by amateurs; the Titanic by professionals.

The Amazing and Funny Australian Love Test

Do you ever wonder who loves you? Your wife? Your dog? You think they love you, but how do you know if they really do? How can you be sure? There is a way to find out and have peace of mind and it only takes one hour.

Simply open the boot of your car, put your dog and your wife in there, close the boot, grab a couple of beers and watch the footy on the telly for an hour or so. Then go back to the car, and open the boot.

Now, who is happy to see you?

Check this out for a laugh.....

https://www.youtube.com/watch?feature=player_detailpage&v=iZPuu_GUqHM

LEGEND SAYS, WHEN YOU CAN'T SLEEP AT NIGHT, IT'S BECAUSE YOU'RE AWAKE IN SOMEONE ELSE'S DREAM



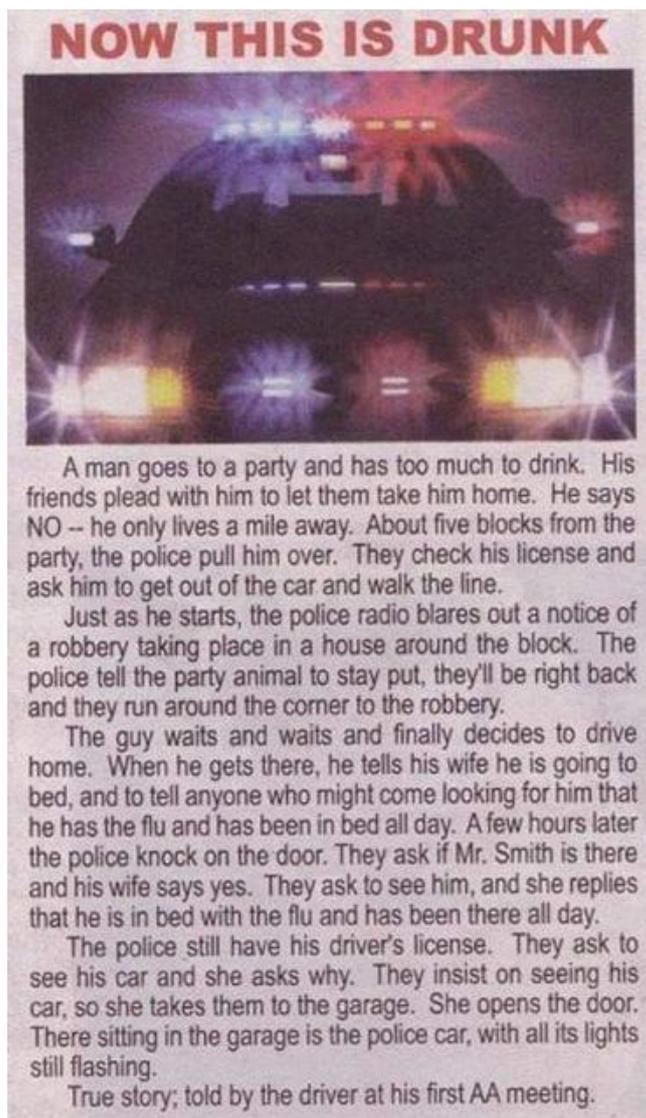
A cop pulled me over and said, "Papers....?"
So I said, "Scissors, I win!" and drove off.

THE BLOND JOKE TO END ALL BLOND JOKES.....no offence intended

A blond woman was speeding down the road in her little red sports car and was pulled over by a woman police officer, who was also blond.

The blond cop asked to see the blond driver's licence. She dug through her purse and was getting progressively more agitated. "What does it look like?" she finally asked. The police woman replied "It's square and it has your picture on it."

The driver finally found a square mirror in her purse, looked at it and handed it to the police woman. "Here it is" she said. The blond officer looked at the mirror, then handed it back saying, "OK, you can go. I didn't realize you were a cop....."



True Funny Police Story

A bank robber in Virginia Beach Virginia, USA got a nasty surprise when a dye pack designed to mark stolen money exploded in his trousers.

The robber apparently stuffed the loot down the front of his pants as he was running out the door.

A police spokesman informed us, 'He was seen hopping and jumping around with an explosion taking place inside his pants.'

Police have the man's charred trousers safely in custody.

THOUGHT FOR TODAY:

We really DO need a day between Saturday and Sunday

YOUR SENSE OF HUMOUR REVEALS A LOT

BY Beverley Hadgraft body+soul

The jokes you make and what makes you laugh reveal more about you than you realise.



Heard the one about the loveless marriage? The miserable mother-in-law? Oh, you must have. Along with death and sexual inadequacies, they provide some of the most popular themes for jokes. Why? The

father of psychology, Sigmund Freud, is among those to have come up with an answer to that: we use jokes to deal with our anxieties and issues.

"A cigar may just be a cigar, but a joke is never just a joke," he famously said. "Sometimes people joke about the same thing over and over and that's when our antennae should go up," agrees Sydney psychologist Susan Nicholson. An example of this might be an older person laughing at jokes about dementia and deafness.

"They might be oblivious to the fact that the subject is a source of [anxiety](#) for them," Nicholson continues, "but if cracking those jokes helps release some of that anxiety, it serves a positive function." Dr Tim Sharp, psychologist and chief happiness officer at the Happiness Institute, says there is no doubt that a sense of humour is a strength that correlates with health and happiness.

This applies particularly to those in dire straits. "Being able to hang on to a sense of humour is an incredibly positive trait," Nicholson says. "It's a fantastic coping mechanism and has a reinforcing cycle, because the more you are able to see the funny side and laugh, the greater the sense of happiness it instils, and that allows you to see even more positive things." "Humour is a core component in resiliency," Sharp agrees. "And one reason for that is because it's about seeing things from a different perspective; something that all the best cartoonists and comedians do. "The happiest and most successful people don't just stop at one way of looking at a situation; they'll explore other ways. That's also the basis of cognitive behavioural therapy, which is very successful in treating all kinds of depression."

When jokes aren't funny

Not all humour is positive, however. Greek scholar Aristotle argued that many successful clowns and comedians make us laugh by eliciting a sense of superiority. And throughout history it's not difficult to find support for that claim. Dwarves, hunchbacks and even people in psychiatric institutions have all had fun poked at them. And while we might like to think we are more evolved, the jokes we tell today that claim that people of a certain nationality are stupid, work-shy or stingy, suggest otherwise.

Does this matter? Yes it does. A study from Cardiff University in Wales found that if people repeatedly tell jokes that portray a race as stupid, they eventually believe that to be true. Similarly, when a German professor, Jens Forster, gave intelligence tests to two groups of women, blonde women who were given blonde jokes to read beforehand obtained lower scores than a control group of blondes who were not. This suggests that jokes have the power to affect people's confidence and behaviour.

And what of those who appear to have no sense of humour at all? There is evidence that people who have suffered brain damage,

particularly to the right hemisphere of the brain, are less able to understand jokes. Other people wave all their mental faculties intact still seem to have a problem with humour. They make what they think are jokes, while remaining oblivious to the fact that no-one is laughing.

"That's generally because they're not as empathic as most people, and a bit oblivious to the intuitive and feeling sides which give us clues to the fact that people have had enough," explains Nicholson.

"It might also be that they don't give a damn that no-one else finds them funny, but that still shows a lack of sensitivity in regard to other people's responses."

Worldly humour

Lots of humour is also cultural, adds Sharp. Australian humour, for instance (according to the government's Culture and Recreation website) is "dry, full of extremes, anti-authoritarian, self-mocking and ironic". This means that Asians, who are raised to respect authority, are confused by our penchant for mocking our rulers and leaders.

Similarly, Australian and British humour, which often features jokes that don't conform to convention (such as Monty Python), doesn't travel well to America, where people dislike spending a lot of time trying to figure out why something is funny.

"Even in different areas of Australia, we are subject to different cultural influences and laugh at different jokes," Sharp says. "In fact, even within our major cities, different things amuse us." Since humour can also be a great form of communication, it's important to remember that.

Battle of the sexes

According to psychologist Richard Wiseman's book *Quirkology* (Pan Macmillan), humour also differs between the sexes. Here's how the different genders shape up.

- A year-long study revealed that 71 per cent of women laugh when a man tells a joke, but only 39 per cent of men laugh when a woman tells a joke.
- Studies have found that men tell about 60 per cent of all jokes.
- Researchers examining the scripts of male and female professional comedians found that 12 per cent of male scripts contained self-disparaging humour compared with 63 per cent of female scripts.
- While men like women to laugh at their jokes, they don't like them to tell jokes.

Funny windows

Humour can provide a window to your personality, says Susan Nicholson.

- Practical jokers often tend to be more extroverted.
- Dry humour indicates an introvert.
- A self-deprecating sense of humour may indicate low self-esteem, or show the person is so confident they can joke about their vulnerabilities.
- Playing with double entendres indicates a love of words.
- The ability to reel off lots of jokes indicates a great memory and a natural entertainer.
- Those who answer every question with a one-liner may be using humour as a shield.
- Laughing at jokes that humiliate others indicates that seeing others abused makes you feel better.