



# Campbelltown Spiritualist Church

CWA HALL AT THE END OF KING STREET CAMPBELLTOWN

Service every Sunday 5.00pm to 6.30pm

Contact: Maxine (02) 9826 7330 or Our Web Site: [www.campbelltownspiritualchurch.com](http://www.campbelltownspiritualchurch.com)

## NEWSLETTER MAY / JUNE 2016

### The Seven Principles of Spiritualism

1. The Fatherhood of God
2. The Brotherhood of Man
3. The communion of Spirits & the Ministry of Angels
4. The continuous existence of the human soul
5. Personal responsibility
6. Compensation & retribution  
for all good & evil deeds done on earth
7. Eternal growth open to every human soul

### Upcoming Guests

#### May 2016

- 1<sup>st</sup> – Kylie Savidge
- 8<sup>th</sup> – Mary King
- 15<sup>th</sup> – Sylvia Percival
- 22<sup>th</sup> – Jenny Heard
- 29<sup>th</sup> – Alan Hamlin

#### June 2016

- 5<sup>th</sup> – Ann Bradshaw
- 12<sup>th</sup> – Ben Graham
- 18<sup>th</sup> – Sylvia Percival
- 26<sup>th</sup> – Maureen Romanowski

### OUR SPIRITUALIST CHURCH SERVICE

- Welcome and introductions
- Song or Hymn and Opening Prayer
- Song/Hymn to lift the energy
- Address by the Guest Speaker
- Reading The Great Invocation &/or The Seven Principles
- Meditation and Healing
- Members of the congregation invited to share meaningful experiences or suitable readings
- Song or Hymn with freewill donation
- Demonstration: Spiritual communion (proof of survival) by guest medium
- OR Overheads, Psychometry etc.
- Notices
- Benediction (closing prayer/blessing) and closing Song or Hymn
- Tea and Coffee and a chat



Goodness, JUNE is here already, (don't ask what happened to May) and we are halfway through the year.

The cooler weather has arrived with gusto which is a

relief in one way. I like the seasons to stick to their proper place then I feel that the world is going ahead according to plan even if nothing else seems to be happening as it should (like this newsletter).

Speaking of which, it would be greatly appreciated if anyone could offer suggestions re the content of the newsletter or, even better, contribute an article now and then.

Perhaps someone might have something that they would like to make known amongst the congregation, advertise a happening of mutual interest, put forward an interesting piece of news, or even just a joke or two. Every little bit helps.

As you know we have recently began Practice Sessions for those wishing to work with their abilities without having to commit to a regular class.

The sessions have been going well so far, with everyone in attendance having a chance to try their wings so to speak.

These are strictly learning adventures for all who participate, including those brave enough to take on the co-ordinating. Putting yourself out there can be quite a challenging experience, so well done you know who! Some attendees have put forward valuable ideas which we will endeavour to implement in future sessions. But not all at once!

Love & Blessings  
Ellen of Joy

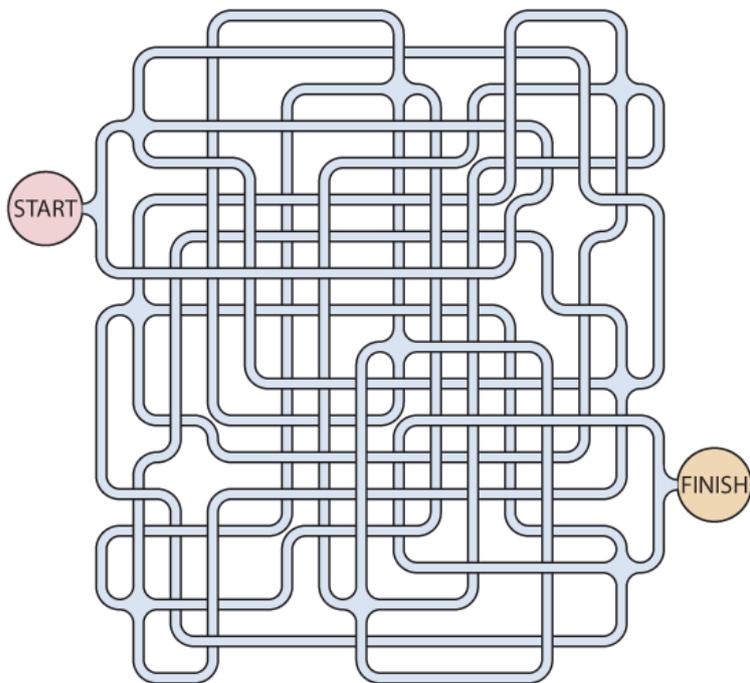
#### **NOTICES:**

On June 20<sup>th</sup> between 2 & 4 pm prior to the church service we are holding a 2 hour practice session for those wishing to work with/practice their abilities in the psychic realms. This is for practice not readings. Cost is by Donation. Bring a plate.

**HAPPY BIRTHDAY and Best Wishes** to all our friends who are celebrating in May/June. We hope that the year ahead for you is all you would want it to be. XOX

**SUPPORT YOUR CHURCH:** Feel free to come and help set up, clear up, wash up, bring a friend, bring a plate (with something on it) for supper, flowers from your garden, host a service, whatever makes you feel good...all contributions very much appreciated.

## AMAZING MAZE



### PADDY & MICK

*Blake at a horse race whispers to Paddy next to him,  
"Do you want the winner of the next race?"  
Paddy replies "No tanks, oi've only got a small yard."*



*Paddy and Mick found 3 hand grenades and decided to take them to the police station. Mick "What if one explodes before we get there?"  
Paddy: "We'll lie and say we only found two!"*

*A coach load of paddies on a mystery tour decided to run a sweepstake to guess where they were going..... the driver won £52!*



It's called **reading**.  
It's how people install new software into their brains.

Thank you Daniele Aeberhard for sharing your home grown Jerusalem Artichokes with us.....

### A gorgeous alternative to roast spuds

#### Sautéed Jerusalem artichokes with garlic and bay leaves

##### Ingredients

- 600 g Jerusalem artichokes
- olive oil
- a few bay leaves
- 2 cloves garlic
- 1 splash white wine vinegar
- salt
- pepper



##### Method

*Jerusalem artichokes are sweet and almost garlicky and mushroomy and gorgeous. Although called artichokes they're actually tubers – like rough and ready potatoes. You can scrub and roast them whole like mini jacket potatoes and split them open, drizzled with a little chilli oil. You can even use them in a salad with smoky bacon. A Jerusalem artichoke's best friends are sage, thyme, butter, bacon, bay, cream, breadcrumbs, cheese and anything smoked.*

To serve 4, you will need 600g/1lb 6oz of Jerusalem artichokes. Peel them, then cut them into chunks. Place them in an oiled frying pan and fry on a medium heat until golden on both sides, then add a few bay leaves, 2 cloves of garlic, finely sliced, a splash of white wine vinegar, some salt and pepper, and place a lid on top. After about 20 to 25 minutes they will have softened up nicely and you can remove the lid and the bay leaves. Continue cooking for a couple of minutes to crisp the artichoke slices up one last time, then serve straight away. Personally, I think they go well with both meat and fish and are particularly good in a plate of antipasti, or in soups or warm salads.

Read more at

<http://www.jamieoliver.com/recipes/vegetables-recipes/saut-ed-jerusalem-artichokes-with-garlic-and-bay-leaves/#gmgagly2Ab4UPWtt.99>

### ARE YOU READY

During a visit to my doctor, I asked him, "How do you determine whether or not an older person should be put in an old age home?"

"Well," he said, "we fill up a bathtub, then we offer a teaspoon, a teacup and a bucket to the person to empty the bathtub."

"Oh, I understand," I said. "A normal person would use the bucket because it is bigger than the spoon or the teacup."

"No" he said. "A normal person would just pull the plug. Do you want a bed near the window?"

### THOUGHT FOR THE DAY:

It is better to travel alone..... than to Travel with one who carries no light