



# Campbelltown Spiritualist Church

CWA HALL AT THE END OF KING STREET CAMPBELLTOWN

Service every Sunday 5.00pm to 6.30pm

Contact: Maxine (02) 9826 7330 or Our Web Site: [www.campbelltownspiritualchurch.com](http://www.campbelltownspiritualchurch.com)

## NEWSLETTER November/December 2014

### *The Seven Principles of Spiritualism*

1. The Fatherhood of God
2. The Brotherhood of Man
3. The communion of Spirits & the Ministry of Angels
4. The continuous existence of the human soul
5. Personal responsibility
6. Compensation & retribution  
for all good & evil deeds done on earth
7. Eternal growth open to every human soul

### Upcoming Guests

#### **November 2014**

2<sup>nd</sup> – Florence King

9<sup>th</sup> – Ann Bradshaw

16<sup>th</sup> – Allan Hamlin

23<sup>rd</sup> – Kerrie Erwin

30<sup>th</sup> – Kerrie Wearing

#### **December 2014**

7<sup>th</sup> – Terry Rose

14<sup>th</sup> – Maureen Romanowski

21<sup>st</sup> – Stephanie McKinnon

28<sup>th</sup> – Kylie Savidge

### OUR SPIRITUALIST CHURCH SERVICE

- Welcome and introductions
- Song or Hymn and Opening Prayer
- Song/Hymn to lift the energy
- Address by the Guest Speaker
- Reading The Great Invocation &/or The Seven Principles
- Meditation and Healing
- Members of the congregation invited to share meaningful experiences or suitable readings
- Song or Hymn with freewill donation
- Demonstration: Spiritual communion (proof of survival) by guest medium
- OR Overheads, Psychometry etc.
- Notices
- Benediction (closing prayer/blessing) and closing Song or Hymn
- Tea and Coffee and a chat

#### **Red Poppies for Remembrance**



#### **White Poppies for a Peaceful future**

**Remembrance Day** (also known as **Poppy Day** or **Armistice Day**) is a memorial day observed in **Commonwealth** countries since the end of **World War I** to remember the members of their armed forces who have died in the line of duty. In Australia, Remembrance Day is always observed on 11 November, regardless of the day of the week.

### **Let There Be Peace on Earth**

Let there be peace on earth ...And let it begin with me  
Let There Be Peace on Earth ....The peace that was meant to be

With God as our Father ....Brothers all are we  
Let me walk with my brother..... In perfect harmony.

Let peace begin with me..... Let this be the moment now.  
With ev'ry step I take..... Let this be my solemn vow  
To take each moment and live..... Each moment in peace eternally

Let there be peace on earth..... And let it begin with me

Written by Jill Jackson Miller (1913-1995) American singer, actress  
Jill Jackson's early life was filled with tragedy and self-doubt.  
Although she had moderate success as a film star, she tried to kill herself after her marriage fell apart. Her unsuccessful suicide attempt led to a deep spiritual awakening, and after marrying songwriter Sy Miller they co-wrote the 1955 classic song of hope, "Let There Be Peace on Earth and Let It Begin With Me". She called this song, "life-saving joy of God's peace and unconditional love." (Source:wikipedia)

Peace is possible. Perhaps, this Armistice Day, we could look inside and begin to make peace within ourselves, "for we must be the change we want to see". No Matter what is going on in the world around us let's aim to become an oasis where peace rules our daily interactions. We can start by loving ourselves.

#### **NOTICES:**

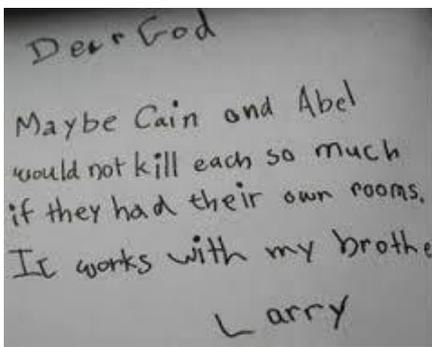
**READING DAY:** A big **THANK YOU** to all who supported this important event, without you it would not be viable.

**DONATIONS** towards our Christmas Hampers would be greatly appreciated and can be left in the container provided.

**SUPPORT YOUR CHURCH** Feel free to come and help set up, clear up, (many hands make light work) bring a friend, bring a plate of something, flowers from your garden, host a service, whatever makes you feel good - all contributions appreciated.

**HAPPY BIRTHDAY:** Best Wishes & Many Happy Returns to all our friends who are celebrating birthdays in November & December.

We hope that the year ahead will be all that you wish for.....



### Neil Armstrong - Funny Story

On July 20, 1969, as commander of the Apollo 11 lunar module, Neil Armstrong was the first person to set foot on the moon. His first words after stepping on the moon, "that's one small step for man, one giant leap for mankind," were televised to earth and heard by millions. \*but just before he re-entered the Lander, he made the enigmatic remark "good luck, Mr. Gorsky." Many people at NASA thought it was a casual remark concerning some rival soviet cosmonaut. However, upon checking, there was no gorsky in either the Russian or American space programs.

Over the years, many people questioned Armstrong as to what the 'good luck, Mr. Gorsky' statement meant, but Armstrong always just smiled.

On July 5, 1995, in Tampa bay, Florida, while answering questions following a speech, a reporter brought up the 26-year-old question about mar gorsky to Armstrong. This time he finally responded because mr.Gorsky had died, so Neil Armstrong felt he could now answer the question.

Here is the answer to "who was Mr. Gorsky":

in 1938, when he was a kid in a small mid-western town, he was playing baseball with a friend in the backyard. His friend hit the ball, which landed in his neighbor's yard by their bedroom window. His neighbours were Mr. And Mrs. Gorsky. As he leaned down to pick up the ball, young Armstrong heard Mrs. Gorsky shouting at Mr. Gorsky, "sex! You want sex?! You'll get sex when the kid next door walks on the moon!"

It broke the place up.

Neil Armstrong's family confirmed this is a true story.



### Halloween Aliens.

Out in the Andromeda galaxy is a newly discovered comet. The C/2007 L1 is one of the most unusual structures that astronomers have ever seen.

On October 31st, 2007, astro-photographer Pedro Torres of Puebla, Mexico, took a close-up picture of the comet's core. Pedro used a combination of two 120-second exposures obtained using a 30-cm reflector, a Sigma 6303 CCD camera, and a blue filter.

The photograph was taken at a perihelion distance of 1.07 AU. What it reveals is startling new structure in the centre of comet C/2007 L1. The whole of the coma is very brilliant and unusually, the nucleus containing two extra bright eyes. The comet's tail was not curved thus producing a circular effect.

Pedro has applied to the International Astronomical Union (IAU) for the official name of comet C/2007 L1 to be called 'Halloween'.

## Real Meaning of Peace

There once was a king who offered a prize to the artist who would paint the best picture of peace. Many artists tried. The king looked at all the pictures. But there were only two he really liked, and he had to choose between them.

One picture was of a calm lake. The lake was a perfect mirror for peaceful towering mountains all around it. Overhead was a blue sky with fluffy white clouds. All who saw this picture thought that it was a perfect picture of peace.

The other picture had mountains, too. But these were rugged and bare. Above was an angry sky, from which rain fell and in which lightning played. Down the side of the mountain tumbled a foaming waterfall. This did not look peaceful at all.

But when the king looked closely, he saw behind the waterfall a tiny bush growing in a crack in the rock. In the bush a mother bird had built her nest. There, in the midst of the rush of angry water, sat the mother bird on her nest - in perfect peace.

Which picture do you think won the prize? The king chose the second picture. Do you know why?

"Because," explained the king, "peace does not mean to be in a place where there is no noise, trouble, or hard work. Peace means to be in the midst of all those things and still be calm in your heart. That is the real meaning of peace."

"Inner peace: a state of mind, body and perhaps soul, a peace within ourselves. People that experience inner peace say that the feeling is not dependent on time, people, place, or any external object or situation, asserting that an individual may experience inner peace even in the midst of war"

"I believe that the very purpose of life is to be happy. From the very core of our being, we desire contentment. In my own limited experience I have found that the more we care for the happiness of others, the greater is our own sense of well-being. Cultivating a close, warmhearted feeling for others automatically puts the mind at ease. It helps remove whatever fears or insecurities we may have and gives us the strength to cope with any obstacles we encounter. It is the principal source of success in life. Since we are not solely material creatures, it is a mistake to place all our hopes for happiness on external development alone. The key is to develop inner peace." Dalai Lama quotes (Head of the Dge-lugs-pa order of Tibetan Buddhists, 1989 Nobel Peace Prize, b.1935)



### THOUGHT FOR THE DAY:

"You can observe a lot by just watching.

- Yogi Berra

## Make Peace with Your Past

**If you don't make peace with your past, it will keep showing up in your present. –Anonymous**

Once again, my good friend Anonymous hits the nail on the head. Making peace with your past sounds like a great idea, but how do you go about it?

Well, you can't change the past, but you can change your attitude about the past, and you can change how it affects you in the present and beyond. Forgiving yourself and others is the key. The problem is that you have to choose it, consciously.

You may say, "Well, I'm not ready to forgive yet." That's fine, but if so, you won't be able to make peace with your past until you do. You may wish to take some time to figure out exactly why you aren't ready to forgive yourself or the other person. Are you still angry? Why? Does it make you feel good to be angry? Why? Is feeling sorry for yourself really the most pleasurable feeling you can conjure up in your life?

"But he..." But she..." OK, yeah, the other person did you wrong. Are you waiting for that person to apologize? If so, you may wait a long time. Are you really prepared to be angry forever? Because your anger just ties you more firmly, karmically speaking, to the person you're angry with, and you are just going to be permanently miserable. Someone in Alcoholics Anonymous brilliantly paraphrased something that Emmet Fox wrote. (The paraphrase is often misattributed.) "Holding onto anger is like drinking poison and expecting the other person to die."

The thing is this, you have to be proactive. If you make it the other person's responsibility to apologize, you are just giving away your own power to resolve the situation and find peace for yourself. So, OK, you're angry with somebody because they did something awful to you. Are you now also going to hand them the power to make you unhappy?

And by the way, whatever the person did to you, the pain may not ever totally go away. You have to forgive, anyway, because when you do, you take some of the sting out of the original transgression. The point is this: are you going to let this situation control your life? Really, that would be like locking a ball and chain around your ankle. You can't move forward in life if you do that. If you can make the decision to forgive, truly forgive, the pain will no longer have any power over you.

What do I mean by truly forgive? You may think you can never forget what happened, and maybe that is so, but you can choose to act as if you have forgotten. That means never bringing it up again, and never holding it over the other person's head.

Remember that forgiving someone is not the same as accepting the person back into your life. It doesn't mean that the other person is necessarily sorry. It simply means that you have decided not to activate your anger circuits anymore with respect to the issue between you. It means that you have decided to move on, whatever the other person does. It may mean that you will decide to move on by yourself, without that other person in your life. It means you have decided to make peace with your past, so that the past can no longer make you miserable.

What about the other part of the quote? The part about showing up in your present. Well, if you don't forgive, then the situation will keep coming back until you deal with it. Either the same situation will keep bothering you, or you will find yourself in a similar situation in the future. This is one reason why people who divorce or break up with a significant other often get into the same sort of situation with the next person. They haven't dealt with their past, so it keeps coming back to haunt them.



What if it's you who need to be forgiven? Same thing: you have to be proactive. You have to ask for forgiveness and you have to be sincere about it. This means you have to be willing to make some kind of change, otherwise you will continue to do whatever it is that you want to be forgiven for.

Let's put this in terms of energy, shall we? You already know that your vibrations attract people and situations into your life. What do you think your anger vibrations are going to attract? What are your "sorry-for-myself" vibrations going to attract? What kind of people are they going to attract? They'll just attract more people who make you angry or make you feel sorry for yourself. And if you're the one who needs forgiveness, what kind of people are you going to attract with your guilt? People who make you feel guilty!

So... what is it about your past that is making you miserable? Start thinking about forgiving this person (or yourself), or about asking for forgiveness. Remember that forgiveness is something that happens *within you*, so it doesn't really matter whether the other person actually asks for forgiveness. It doesn't even matter whether you ever see the person again. The person could be someone who's been dead for years. It doesn't matter. If you want, you can meet them on the Inner, as Soul and forgive them. They don't have to be physically present. Because, remember, this is for you, not for them.

Same thing if you're asking another person for forgiveness. They don't have to actually grant it. All you have to do is ask and be willing to change. That's the key. Your willingness to make changes is what really matters, not whether they forgive you or not. (Because, again, if you wait for them to forgive you, you are handing over your power to make changes, and you are letting the other person control you!) You have to be willing to make the necessary changes, regardless, because *you* think it's a good idea. This is all about *you*, remember? You are the one who is making peace in your life!

May peace be with you.

<http://mettahu.wordpress.com/2014/01/07/make-peace-with-your-past/>

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